

# AT EASE

## The Guide to a Smooth and Successful Military Transition



From the acclaimed author of "FIELD TESTED", "AT EASE" has a different view of military transition. The real story is that it isn't about tasks you complete, but a process you go through. As a behavioral scientist, organizational consultant, and Master Certified Coach, the author takes a strategic, "whole person" perspective, looking at root causes and solving them in sustainable ways.

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*"AT EASE is a book that hands veterans (and their employers!) the tools needed so they can bring their significant experience and leadership not just to the next job, but to the next chapter of success in their lives."*

COL. Brad Wenstrup, D.P.M.  
U.S. Army Reserve (Ret.)  
Member of Congress

## ORDER YOURS TODAY!

This book is for active duty, terminal leave, reserve status and veterans.

Learn more at <https://military.grandinetta.com>



# *Accelerated Military Transition*

## Online Course



*“Accelerated Military Transition”* is designed to tell you what you probably don’t know but need to know if you want to have a smooth and successful transition experience. It prepares you for one of the most significant changes you will go through in your life. The course provides intel on what to expect and how to thrive through your military transition.

This course will arm you with the concepts and practical tools for anticipating and overcoming the very predictable challenges you’ll encounter.

## Sign-Up TODAY!

We walk with you on your journey of discovering who you are without the uniform.

This course is for active duty, terminal leave, reserve status and veterans.

*“Emily is a fantastic advocate and supporter of our veteran community. Her passion and leadership led to the creation of our (company’s) veteran integration program. A best in class solution to ensure our military hires have a smooth path in their transition from the military to corporate world.”*

Fortune 300 Corporate Client

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